



Historic Oaks

OF ALLEN PARKWAY VILLAGE

September 2018

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LifeStyle

Historic Oaks of Allen Parkway Village • 1600 Allen Parkway • Houston, TX 77019

How To Be A Great Neighbor

National Good Neighbor Day is Friday, September 28th but we encourage you to celebrate all year long! Remember these suggestions to make your neighborhood a high courtesy zone.

- Keep the noise level down. Enjoy radio and television entertainment without allowing the sound to escape your home.
- Keep your home clean. No one likes to look at trash bags or boxes stored on balconies, patios, breezeways or hallways. Make that quick trip to the dumpster or trash chute!
- Remain courteous by taking responsibility for your guests and observing other community policies.

Happiness To-Do List

- Choose to ignore an insult. Doing so prevents you from being consumed by negative energy.
- Break out of your routine. Try new ways of getting ready in the morning...new roads to drive to work. This opens you up to new ways of solving problems.
- Stop judging others. It will only distance you from people and result in little spiritual gain.
- Do the things you fear. Whenever you avoid dealing with something, ask yourself why. If it's because you fear failure or how you will look to others, force yourself to try it. There are valuable lessons to learn.
- Get rid of your anger. Channel excess energy by running, working out or writing in a journal. Understand why you're angry...learn from it...then move on.
- Learn to forgive. Don't let past negative experiences hinder you from moving ahead with your life and relationships.
- Smile more. If you're doing all the above, smiling will become a natural part of your life and make you more approachable.

To Sign or Not to Sign...

That is the question. The answer is YES! We love our residents and we'd love for you to continue your residency at Historic Oaks. If your lease is about to expire, be sure to come to the Management Office and sign your renewal. By doing so, you are now secure in knowing you are not having to rush in at the last minute. Leases are renewed 120 days before your new lease starts. You will be notified 30 Days in advance of your new rental rate and if any questions arise please contact the office and we will be more than happy to help you.

Don't Be Known As the 'Noisy Neighbor'

If you are having a party or get-together, please remember that you are sharing walls with other people. We suggest that you notify neighbors ahead of time, if you are having a party or gathering. **If a neighbor asks you to turn the noise level down, we suggest that you comply.** Please do not give them a reason to make a second request. With a little consideration...we can all live together peacefully.

There's No Vacancy for Pests at Historic Oaks of Allen Parkway!

Don't let pests take residence in your home. Send those pesky pests packing! Call the Office and we will schedule pest control service for your home, on the next scheduled date. Our pest control service is here for you. If you have any special needs, please contact the Office prior to the visit.

YOUR MANAGEMENT TEAM

Paula Roberson

Property Manager

Cynthia Hicks

Tina Giles

Tamintris Robinson

Nikki Harris

Assistant Managers

Mario Garcia

Maintenance Supervisor

Jose A. Rivas

Lead Maintenance

Quincy Dennis

Eric Albright

Assistant Maintenance

Digna Rivera

Gloria Ahmed

Housekeeper s

Karen Collins

Property Inspector

Mykal James

Miguel Zayas

Porters

Constable Rhone

Resident On Call

Trudy Truner

Receptionist

OFFICE HOURS

Monday thru Friday

8:00 am–5:00 pm

Saturday

Closed

Sunday

Closed

CONTACT INFORMATION

Management Office

(713) 651-1250

Precinct 6 Constables

(713) 956-9156



ALLIED ORION GROUP





Hard conversations can be helpful if done right



Doctors to parents: Watch the juice

Lots of parents give their young children fruit juice, but pediatricians now say that's a bad idea. The American Association of Pediatrics recently updated its position on juice, recommending now that newborns shouldn't drink any juice before their first birthday and that juice should be limited after that.

The reasons? Doctors don't see any evidence of health benefits, and they believe that juice may prevent children from getting the protein and nutrients they need through breast milk or formula. In older kids, the sugar in juice contributes to tooth decay.

The guidelines advise that toddlers 1 to 3 years old get no more than four ounces of juice a day, six ounces up to age 6, and eight ounces up to age 18. They recommend that parents encourage their kids to eat fruit instead.

There are times when it's necessary to confront someone, demanding a change or ending a relationship. People do almost anything to avoid difficult talks, even to their detriment.

It is possible to have difficult conversations without hurting people, says Bruce Patton of the Harvard Negotiation Project, which studies conflict resolution. Patton, co-author of *Difficult Conversations: How to Discuss What Matters Most* (Penguin Putnam) says:

- Be clear about your feelings and what the problem means to you.
- Consider the other person's view.
- Instead of casting blame, see how you both may have contributed to the situation.

Never measure the success of a conversation by the other person's response, but by how well you did in saying what is right.

The always-late pal: You feel disrespected, but you can also realize that some people aren't very cognizant of time. And you added to the problem by keeping quiet.

Tackle it now, saying you feel slighted and you would appreciate her being more considerate of your time. If she thinks you should just chill out, be firm. Say it's about respecting each other's needs and ask if she can accommodate yours.

The boss promotes someone else: Don't see the boss when you are angry. You'll get more information by using a calm approach.

Say you were surprised at the other person's promotion. Open the door for an explanation. Ask if your self-assessment is off or if you've done anything to anger higher-ups. Tell him you want to work on any weaknesses he may see so you'll be considered for the next promotion.

How to handle two driving emergencies

How much time do you spend in your car? Most Americans, drive an average of 29.2 miles a day, with trip length of 46 minutes per trip, as the AAA Foundation For Traffic Safety's survey of 2015 revealed. That's more than 10,650 miles per year, and a whopping 279 hours in a car each year. Most of those hours are uneventful.

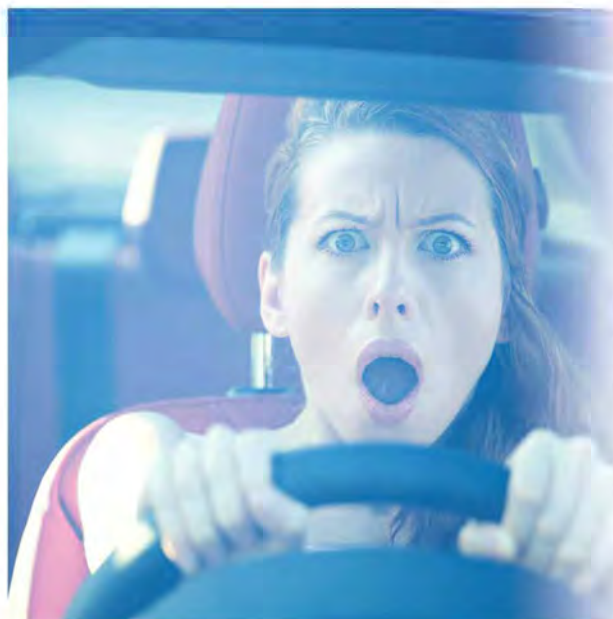
Yet, driving emergencies happen. Here's what the experts suggest to do in two common situations.

BLOWN TIRE: Stay calm. Keep the foot off the brake. According to the experts at Popular Mechanics, gently press on the accelerator to stabilize the car, then let the car slow. Once the car has slowed, move toward the shoulder.

Remember that driving on an underinflated tire can increase the possibility of a blowout, as can an object in the road, according to the pros at Popular Mechanics.

BRAKE FAILURE: Most cars have dual braking systems, so even if the front goes out, the car may still have back brakes and vice versa, according to Allstate's blog. There are several ways to slow a vehicle during a brake system failure.

First, slow the vehicle, carefully taking pressure off the gas pedal, and downshifting so the car will slow itself, thanks to the vehicle's drag. When the car has slowed enough to be under control again, work to get out of traffic and off the road. Do not shut off the vehicle until it is off of the roadway, or it may be harder to control.





THE HOUSE WITH A CLOCK IN ITS WALLS The magical adventure tells the spine-tingling tale of 10-year-old Lewis who goes to live with his uncle in a creaky old house with a mysterious tick-tocking heart. But his new town's sleepy façade jolts to life with a secret world of warlocks and witches when Lewis accidentally awakens the dead. **Jack Black** and **Cate Blanchett** star.



NIGHT SCHOOL **Kevin Hart** stars as a man whose life takes an unexpected turn when he accidentally blows up his place of employment. Forced to attend night school to get his GED, he must now deal with a group of misfit students and a feisty teacher (**Tiffany Haddish**) who doesn't think he's too bright

REPRISAL An ex-cop (**Bruce Willis**) joins forces with a bank manager (**Frank Grillo**) to track down a highly skilled and ruthless thief. The situation soon escalates when the robber kidnaps the manager's wife and daughter.

THE PREDATOR From the outer reaches of space to the small-town streets of suburbia, the hunt comes home in Shane Black's explosive reinvention of the Predator series. Now, the universe's most lethal hunters are stronger, smarter and deadlier than ever before, having genetically upgraded themselves with DNA from other species. When a young boy accidentally triggers their return to Earth, only a ragtag crew of ex-soldiers and a disgruntled science teacher can prevent the end of the human race.

PEPPERMINT When her husband and daughter are gunned down in a drive-by, the heroine wakes up from a coma and spends years learning to become a lethal killing machine. On the 10th anniversary of her family's death, she targets everyone she holds responsible, the gang that committed the act, the lawyers that got them off, and the corrupt cops that enabled the murderous incidents. **Jennifer Garner** stars.

LIFE ITSELF As a young New York couple goes from college romance to marriage and the birth of their first child, the unexpected twists of their journey create reverberations that echo over continents and through lifetimes. **Oscar Isaac, Olivia Wilde, Annette Bening** and **Mandy Patinkin** star.

A SIMPLE FAVOR Centers around Stephanie (**Anna Kendrick**), a mommy vlogger who seeks to uncover the truth behind her best friend Emily's (**Blake Lively**) sudden disappearance from their small town. Stephanie is joined by Emily's husband Sean (**Henry Golding**) in this thriller filled with twists and betrayals, secrets and revelations, love and loyalty, murder and revenge.

LITTLE WOMEN A modern retelling of Louisa May Alcott's classic novel, we follow the lives of four sisters - Meg, Jo, Beth, and Amy March - detailing their passage from childhood to womanhood. Despite harsh times, they cling to optimism, and as they mature, they face blossoming ambitions and

relationships, as well as tragedy, while maintaining their unbreakable bond as sisters.

SMALLFOOT Smallfoot turns the Bigfoot legend upside down when a bright young Yeti finds something he thought didn't exist—a human. News of this "smallfoot" brings him fame and a chance with the girl of his dreams. It also throws the simple Yeti community into an uproar over what else might be out there in the big world beyond their snowy village, in a rollicking story about friendship, courage and the joy of discovery.

WHITE BOY RICK Set in 1980s Detroit at the height of the crack epidemic and the War on Drugs, *White Boy Rick* is based on the moving true story of a blue-collar father and his teenage son, Rick Wershe Jr., who became an undercover police informant and later a drug dealer, before he was abandoned by his handlers and sentenced to life in prison. **Matthew McConaughey** stars.

HOME ENTERTAINMENT RELEASES

Sept. 4	Won't You Be My Neighbor?
Sept. 4	Adrift
Sept. 11	Ocean's 8
Sept. 11	Superfly
Sept. 18	Jurassic World: Fallen Kingdom
Sept. 25	Star Wars: Solo
Sept. 25	Gotti

Trivia Teaser: Hello Neighbor



1. Madagascar declared its independence from which country in 1960?

- a-France,
- b-Italy,
- c-Mali,
- d-Spain.

2. Who created the fictional characters Felix Unger and Oscar Madison?

- a-Tom Stoppard,
- b-Neil Simon,
- c-Garry Marshall,
- d-Mel Brooks.

3. David Addison and Maddie Hayes were private detectives on which TV series?

- a-"Remington Steele,"
- b-"Baywatch Nights,"
- c-"Moonlighting,"
- d-"Psych."

4. Which rock performer is nicknamed "The Motor City Madman"?

- a-John Fogarty,
- b-Ted Nugent,
- c-Meat Loaf,
- d-Sammy Hagar.

5. Pitcher Greg Maddux won three consecutive Cy Young Awards as a member of which team?

- a-Atlanta Braves,
- b-Chicago Cubs,
- c-California Angels,
- d-New York Yankees.

6. "Dolores Claiborne" and "Rose Mad-der" are novels by which horror author?

- a-Stephen King,
- b-Peter Straub,
- c-John Saul,
- d-Dean Koontz.

7. Which day of the week is NOT mentioned in the lyrics of the Beatles song "Lady Madonna"?

- a-Wednesday,
- b-Saturday,
- c-Thursday,
- d-Sunday?

8. Who was James Madison's first vice-president?

- a-Aaron Burr,
- b-Alexander Hamilton,
- c-John Quincy Adams,
- d-George Clinton.

9. Which city of India was formerly known as Madras?

- a-Ahmenabad,
- b-Bengaluru,
- c-Chennai,
- d-New Delhi.

10. Which king of France had mistresses named Madame du Barry and Madame de Pompadour?

- a-Louis XV,
- b-Louis XVI,
- c-Francis I,
- d-Henry IV.

1-a, France; 2-b, Neil Simon; 3-c, "Moonlighting"; 4-b, Ted Nugent; 5-a, Atlanta Braves; 6-a, Stephen King; 7-b, Saturday; 8-d, George Clinton; 9-c, Chennai; 10-a, Louis XV

September 2018

saturday

1
Rent is Due.

sunday	monday	tuesday	wednesday	thursday	friday	saturday
2 <i>Pet Rock Day</i>	3 <i>Labor Day</i> <i>Happy Labor Day!</i>	4 <i>September is Read a New Book Month</i>	5 Pest Control, Breast Cancer Awareness and Grand Parents Day	6 Rent is Late!	7 <i>Lazy Mom's Day</i>	8 <i>Star Trek Day</i>
9 <i>Grandparent's Day</i>	10 <i>TV Dinner Day</i>	11 <i>911 Remembrance Day</i>	12 Pest Control	13 <i>Defy Superstition Day</i>	14 <i>Hug Your Boss Day</i>	15 <i>September is Hispanic Heritage Month</i>
16 <i>Mayflower Day</i>	17 <i>Locate an Old Friend Day</i>	18 <i>National Cheeseburger Day</i>	19 Pest Control	20 Resident Safety Meeting 5:30 pm-6:30 pm	21 <i>Miniature Gold Day</i>	22 <i>National Singles Day</i>
23 <i>First Day of Fall</i>	24 <i>Punctuation Day</i>	25 <i>National Comic Book Day</i>	26 Pest Control	27	28 <i>Native American Day</i>	29 <i>National Biscotti Day</i>
30 <i>Gold Star Mother's Day</i>						